



ALAMANCE/CASWELL/ROCKINGHAM LOCAL MANAGEMENT ENTITY

Minutes
July 23, 2008

Present: Felissa Ferrell, Rockingham Department of Social Services
 Larry Johnson, Rockingham Co. Human Services
 Suzanne Bellian, Division of MH
 Craig Cardwell, Annie Penn Foundation
 Gary Cole - Alamance Co. Judicial Services
 Adrian Daye - Alamance Co. DSS
 Ed Grady - Alamance Co. Juvenile Justice
 Kim Southard - Rockingham Co. Stakeholder
 Debbie Green - Annie Penn Hospital
 Betsey Zook - NC Mentor

LME Staff: Helen Feroli, Carmen Morrow, Jean Gibson, Michael Covington, Connie Windham, and Fran Harvey

AGENDA ITEM	DISCUSSION/CONCLUSION	ACTION/NEXT STEPS	RESPONSIBLE PERSON	STATUS
<i>Item number and name</i>	<i>Detailed reflection of discussion and any conclusions from discussions. Include pertinent data wherever possible.</i>	<i>Any decisions, recommendations and/or next steps the committee approves.</i>		<i>Open or Closed</i>
1.0 Call To Order	Ms. Helen Feroli called the meeting to order and welcomed everyone. Round robin introductions were made.			Closed
2.0 Old Vineyard Presentation	Ms. Kerri Clark, Account Manager for Old Vineyard gave a brief presentation of services Old Vineyard offers. They were as follows: Old Vineyard provides intensive, individualized treatment by a specially trained staff, including psychiatrists, psychologists, licensed therapist, and 24 hour nursing. Old Vineyard is Accredited by Joint Commission & Division of Health Service Regulation.			Closed

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	<p>The following services are offered:</p> <p><u>Partial Hospitalization for Children & Adolescents</u> - Is designed for children & adolescents ages 5-17 who need intensive daily treatment to prevent hospitalization. The focus of the program is to provide intensive interdisciplinary mental health services while maintaining the client at home. The services provided while in this care are: psychiatric consultation, individual, group and family therapy, medication monitoring, case management, behavioral modification and discharge planning. Hours of Operation: Monday - Friday 9am - 3pm.</p> <p><u>Residential Treatment Programs</u> -</p> <p><i><u>Program for Sexually Aggressive Males</u></i> - ages 11-17 is specialized for those who engage in sexually abusive and sexually aggressive behaviors toward others & require a secure and safe environment because the youth cannot be maintained safely in the community. This program is optional for individuals with an IQ of 80 and above.</p> <p><i><u>General Psychiatric Treatment Program for Female Adolescents</u></i> - program for female's ages 13-17 is specialized for those who may have a history of sexual issues, substance/alcohol abuse, high risk behavior, self injury and/or violent behavior, in addition to general behavioral psychiatric problems.</p> <p><i><u>General Psychiatric Treatment Program for Adolescent Males</u></i> - program for male's ages 12 - 17 is specialized for those with general psychiatric problems.</p> <p>All three programs are designed to treat patients using a combination of cognitive behavioral treatment (CBT), psycho-education, recreation and art therapies. All residential patients are provided the opportunity to participate in stress reduction clinic and biofeedback lab</p>			

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	<p>which consists of:</p> <ul style="list-style-type: none"> ➤ Biofeedback ➤ EEG Mini Q quantitative and EEG assessments ➤ Neurofeedback <p><u>Acute Inpatient Hospitalization for Adults</u> - provides psychiatric stabilization for adult's ages 18 and over- (20 beds in unit - 10 are sponsored by Centerpoint). This program serves individuals with a variety of presenting problems, including depression, suicidality/homicidality, substance abuse issues or those with a variety of psychiatric problems. Psychiatrists provide daily individual consultation and our treatment team consists of highly trained clinicians from a number of disciplines including licensed therapists, registered nurses & mental health counselors. Individualized treatment plans are developed based on each patient's case history and data gathered from in-depth evaluations and assessments conducted during the initial assessment process.</p> <p><u>Acute Inpatient Hospitalization for Children & Adolescents</u> - provides psychiatric stabilization for ages 5 -17 (30 beds). The program serves individuals who may be experiencing suicidal or homicidal thinking, severe depression, psychosis, drug & alcohol problems, trauma, anxiety and a variety of other psychiatric & behavioral issues. Treatment team consists of: psychiatrist & other highly trained clinicians from a number of disciplines. Treatment components can include family therapy sessions, group therapy and psycho-educational groups.</p> <p>Total Number of Beds: 107 - petitioning the state to add additional adult beds.</p> <p>Contact Information:</p> <p style="text-align: center;"> Kerri Clark 3637 Old Vineyard Road Winston-Salem NC 27104 (336) 794-4940 phone (336) 794-3544 fax (336) 418-9621 cell </p>			

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<p>3.0 Roundtable Updates</p>	<p>Roundtable Updates:</p> <p><u>REMMSCO</u> -</p> <ul style="list-style-type: none"> ➤ In the process of expanding Women’s House by one bed. ➤ Hosting Regional Housing Committee will be held at REMMSCO Annex. ➤ Continue to host the Rockingham Stakeholder Meeting ➤ Host Fall Festival - September 20th (12pm - 5pm) - Last year’s event was very successful. <p><u>Rockingham DSS</u> -</p> <p>Aging Conference will be held in Rockingham County on November 1st - no location/time as of yet. Conference will be held for consumers and hopes to expand more to DD community. Amanda Moore will chair the conference.</p> <p><u>Annie Penn</u> -</p> <p>In the process of brainstorming sessions to develop a plan with challenges of commitments in ED Unit for law enforcement - such as “holding room”, etc. Action: Helen Feroli will share information with Crisis Committee.</p> <p><u>Judicial Services</u> -</p> <p>Judicial Services is the entry point for court-involved individuals seeking screening & referral services in Alamance County.</p> <p>The following services are offered:</p> <ul style="list-style-type: none"> ➤ TASC Evaluations, Treatment Referrals & Care Management ➤ Drug Education School ➤ Domestic Violence Prevention Program ➤ Chemical Health Education Classes ➤ DWI Substance Abuse Assessments ➤ ADETS (Alcohol & Drug Education Traffic School for DWI Offenders) ➤ Specialized services for intermediate punishment offenders <p>Office located in Graham NC</p>			

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	<p><u>NC Mentor</u> -</p> <ul style="list-style-type: none"> ➤ We are now expanding capacity for Therapeutic Foster Beds - new classes are starting very soon. ➤ Continue to expand Community Support services and Targeted Case Management. ➤ CARF Accredited 			
4.0 LME Updates	<p>The following updates were given:</p> <p><u>After Hours STR</u> - Effective July 1st - the LME has taken this function back internally. 4 new staff has been hired. If you have any issues, please inform the LME.</p> <p><u>LME QM Committee</u> - the committee has met several times and developed a QM plan, which has been forwarded to the Division. One of the goals in the QM plan is to create provider compliance reports for providers. This will allow the Access Unit to provide more concrete information to consumers to offer choice. The data will also be very useful to track compliance, etc. and to be able to help train the provider network when needed.</p> <p><i>Action: If you would like a copy of the QM plan, please contact Ms. Feroli. The full copy will be placed on the LME website.</i></p> <p><u>Community Support</u> - There have been numerous changes with Community Support. <i>Implementation Update #46: Legislative Changes to Community Support</i> - please see following highlights:</p> <ul style="list-style-type: none"> ➤ Accreditation benchmarks have been changed which will affect provider endorsement, Medicaid provider enrollment and termination of provider's ability to provide community support services. (Changes are effective immediately) ➤ <i>Effective August 1, 2008</i>, all community support services are subject to prior approval. This means that the unmanaged 4 hours for adults and 8 hours for children will no longer be allowed. Providers must request prior 			

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	<p>authorization before the delivery of any community support services. Upon CMS approval, <i>not less than 50%</i> of all community support services will be required to be delivered by qualified professionals.</p> <p>➤ <i>Effective August 1, 2008</i>, the maximum allowable hours of community support has been reduced to <i>no more than 8 hours per week</i>. Since this is a benefit limit, the consumer is not entitled to appeal rights for the denial of authorization for more than 8 hours. For adults who currently receive more than 8 hours per week, the limit will be applied at the time of the request for reauthorization. Providers and LMEs should begin to make transition plans for recipients currently authorized to receive more than 8 hours per week of community support and review those consumers need for other services.</p> <p>Ms. Feroli added out of 15 local providers - the LME only has two providers who have not meet the 25% requirement. The LME has forwarded letters to providers and will assist in transition process if needed. Providers also have the right to appeal.</p> <p><u>Question: What role will the LME play in the transition phase for consumers? Will the LME offer assistance to providers?</u> Answer: Ms. Feroli stated the LME has submitted a transition plan to Division liaison which consists of: 45 day transition phase - Care Coordination Unit will help consumers throughout the transition process - such as meet with provider and treatment team.</p> <p><u>Question: Does the LME have the ability to get a copy of the client record if needed?</u> Answer: The LME can request records from providers to help assist with process.</p> <p>Ms. Ferrell shared from Rockingham Child Collaborative meeting that providers will struggle with the new requirements of August 1st & requested that the LME</p>			

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	<p>meet with providers & stakeholders to discuss a plan regarding available services such as more Intensive In-Home.</p> <p>Accreditation - the LME has selected CARF as accreditation choice. We have hired a consultant to help with the process.</p> <p>CIT - Crisis Intervention Team is an innovative first responder model of police based crisis intervention with community, health care and advocacy partnerships. The CIT Model was first developed in Memphis. CIT provides law enforcement-based crisis intervention training for assisting those individuals with a mental illness, and improves the safety of patrol officers, consumers, family members and citizens within the community.</p> <p>The LME works closely with NAMI, ACC and providers and have developed a training module. The following trainings have occurred:</p> <ul style="list-style-type: none"> ➤ January 2008 - 15 officers graduated. ➤ May 2008 - 10 officers graduated. ➤ August 2008 - 22 officers are signed from all three counties. <p>Ms. Feroli added for the October 2008 training scheduled, we hope to be able to rotate the trainings to the other counties. We will need to develop a relationship with Rockingham Community College to develop curriculum for credit hours, etc. and find a location.</p> <p>CIT Committee has been developed as a sub-committee from the LME Crisis Committee.</p> <p><u>Question: Is the LME working on finding an assessment facility?</u> <i>Answer: The true model is set up for a 24hr. facility, but as of now, there is not funding set up to support this model.</i></p> <p>Ms. Feroli shared the LME has been approved a waiver to</p>			

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	<p>do the 1st evaluation for commitments by a licensed clinical social worker instead of physician in Alamance County. Currently, the staff person has conducted 4 commitments. <i>Action: Mr. Armstrong will give more feedback and comments at the upcoming Crisis Committee meeting next month and Ms. Feroli will forward comments to group.</i></p> <p>Ms. Ferrell suggested if the LME could request the waiver be expanded to include Rockingham County.</p> <p>Mr. Johnson requested the LME contact LME in Catawba regarding the program they are using with retired officers in after hours situations. <i>Action: Ms. Feroli will share at Crisis Committee.</i></p> <p>Telepsychiatry - Ms. Feroli announced the LME has purchased three sets of equipment for tele-psychiatry to be housed in all three counties. Ms. Feroli will share information with group when plan has been approved.</p> <p>Complaints/Grievance Process - Ms. Feroli shared Complaints brochure with stakeholders. Ms. Feroli explained the complaint process - formal complaints, etc. Request was made for notifications & follow ups to be sent to person making complaint. Ms. Feroli discussed the current complaint process & will share with QI staff request and issues.</p> <p>Newsletter - Ms. Feroli distributed the 2nd Edition of the LME Quarterly Newsletter. Ms. Feroli asked stakeholders if they would like information to be included in the next edition, please contact her.</p>			
5.0 Open Discussion	<p>The floor was opened to stakeholders for discussion:</p> <p><u>Question: What is the status of Advanced Health Resources? Are they not serving children?</u> <i>Answer: Ms. Feroli announced AHR has stated, but no formal response that they will not take any more referrals for Child Community Support, but will continue with Adults. The Crisis services should be</i></p>			

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	<p><i>available for both children & adults.</i></p> <p>The LME has a scheduled meeting with provider on Thursday and we will share concerns and get more concrete answers and Ms. Feroli will send email about status of provider.</p> <p><u>Question: What is the status of new RFP's? The LME website has old RFP's listed.</u> <i>Answer: Currently there are no new RFP's and we will remove all old ones from the LME website. Due to 08/09 budget not allocated at this time, no new RFP's have been designated.</i></p> <p><u>Question: Does the LME have updates with provider capacity?</u> <i>Answer: The LME receives provider capacity assessment reports from providers and information is updated in database.</i></p> <p><u>Question: Any updates on psychologist for Rockingham County? There are issues with MDE's completions.</u> <i>Answer: Ms. Feroli will forward issues to Victor Armstrong, Care Coordination Manager to follow up.</i></p> <p><u>Question: What is status of Morehead Hospital?</u> <i>Answer: Advanced Health Resources does have a staff person that goes to Morehead as requested.</i></p>			

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Adjournment	<p>Ms. Feroli adjourned the meeting at 11:45am.</p> <p>The next meeting will be held on Wednesday, October 22, 2008 @ 10 am. Location: Rockingham Co. Ag Building.</p>	N/A	N/A	Closed

Respectfully Submitted By:

*Karen Webb, LME Community Affairs & Consumer Relations**

Date

* Signatures required on original copy