



Consumer & Family Advisory Committee

ALAMANCE/CASWELL/ROCKINGHAM LOCAL MANAGEMENT ENTITY  
Ricky Graves, Chair

*Minutes Subject to Approval*

**Minutes**  
**August 26, 2008**

**Present:** Vanessa J., Johnny T., Luellen K., Monica O. Brynda N., Sharon L., Mary H., William C., Art S., Ricky G., Louis W., Ann Slaughter (Area Board)

**Absent:** *Gloria M. (Prior Notification)*  
*Norman M. (Prior Notification)*  
*Carl B-Watkins (No Notification)*  
*Mark L. (Prior Notification)*

**Guests:** **Kim Southard**

**LME:** *Larry Aggers, LME Finance Officer*  
*Helen Feroli, Community Affairs & Consumer Relations*  
*Carmen Morrow, Provider Relations/Recorder*

AGENDA ITEM	DISCUSSION/CONCLUSION	ACTION/NEXT STEPS	RESPONSIBLE PERSON	STATUS
<i>Item number and name</i>	<i>Detailed reflection of discussion and any conclusions from discussions. Include pertinent data wherever possible.</i>	<i>Any decisions, recommendations and/or next steps the committee approves.</i>		<i>Open or Closed</i>
<b>1.0 Call To Order</b>	Chairman Graves called meeting to order. Introductions were made.	N/A	N/A	Closed
<b>2.0 Review and Approval of</b>	June 24, 2008 minutes were reviewed and approved.	<b>Motion made to approve minutes.</b>	N/A	Closed

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Minutes		Minutes were approved as written.		
3.0 LME Financial Report	<p>Mr. Larry Aggers, LME Finance Officer presented the following regarding LME Financial issues:</p> <p>The LME is in good shape starting this fiscal year – expectation of final budget numbers from the State should be received soon. Please see proposed budget for July 31, 2008 in packet. Mr. Aggers explained line by line for CFAC members.</p> <p><b><u>Question: Can you explain the eminent danger situation the LME was under regarding the budget &amp; over spending?</u></b></p> <p><i>Answer: Mr. Aggers responded and discussed the issue and expressed to CFAC members that ACR LME has never been in eminent danger due to \$5 million in Fund Balance.</i></p> <p>Additional monies for Crisis/Mobile Crisis services has been identified and will be allocated by cross county LMEs – Alamance/Caswell will be combined with OPC &amp; Durham – Rockingham will be combined with Centerpoint &amp; Guilford. Negotiations will continue with all LMEs – negotiations will occur for 4 Walk In Sites &amp; 3 Mobile Crisis sites. The State will identify lead LME to pull the “purse strings”. The first meeting has occurred with OPC/Durham last week.</p> <p>CFAC Chair thanked Mr. Aggers for financial report.</p>			Closed
4.0 Review of Statutory Requirements	<p>Ms. Feroli reminded CFAC members of the new agenda outline and the purpose of the change. The agenda outlines the 6 basic concepts the CFAC and CFAC members will need to decide how you want these items presented. There are some items that will not be presented &amp; reviewed at every meeting.</p> <p>The agenda items will be as follows:</p> <ol style="list-style-type: none"> <li>1. Local Business Plan – continue to work on with clinical team. Will have more concrete updates at next meeting.</li> <li>2. Service Gaps &amp; Underserved Populations</li> </ol>			Open

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	<p>3. Service Array &amp; Development</p> <p>4. LME Budget – presented tonight by finance officer &amp; will be presented every quarter as approved by CFAC last meeting.</p> <p>5. Quality Improvement/Performance Indicators</p> <p>6. State CFAC</p> <p>Ms. Feroli gave the following updates:</p> <p><u>LME Updates</u> –</p> <p><u>Nominating Committee</u> – Sharon L/Luellyn Kaighn recommended Kim Southard to become CFAC member from Rockingham County. They also requested more members for the nominating committee. Monica O’Dell – Rockingham will become a part of the committee – need one representative from Caswell County. Ms. Feroli will contact Margaret Shumate from Caswell to see if she can meet via phone.</p> <p>Motion made to approve and seconded.</p> <p><u>Advanced Health Resources</u> – Please refer to memorandum in packet “Notification of Branch Closure in Reidsville”. Provider has decided to close their doors in Rockingham County. They are provider who provide walk-in crisis services from 8am – 5pm (Monday thru Friday). The office will close effective August 29, 2008.</p> <p><u>Breakdown of services:</u></p> <ul style="list-style-type: none"> <li>➤ 17 Community Support cases have been closed and referred to other providers.</li> <li>➤ 120 Outpatient/Med Management – updated list will be received tomorrow with status reports. Dr. Mickiewicz will schedule one day a week in interim to help with caseload.</li> </ul> <p><u>The Interim:</u></p> <p>The LME has sub leased the current space – hired Advanced Health staff ((1) QP, (1) Psychologist and (1) Front Desk Staff) and will continue to run the office between September –</p>			

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	<p>December until RFP can be awarded, which we hope services will be implemented January 2009. RFP has been issued for Crisis Services – it has been forwarded to all providers &amp; stakeholders and on the LME website. The deadline for providers is September 15<sup>th</sup> – hope to have awarded by October and Implemented by January 2009.</p> <p><u>25% QP Requirement</u> – All data from the report is based on 3 months of aggregate data (May/June/July) from paid claims.</p> <table border="1" data-bbox="453 602 1690 1312"> <thead> <tr> <th>Provider</th> <th>Location</th> <th>CS – Child</th> <th>CS – Adult</th> <th># of Children Served</th> <th># of Adults Served</th> </tr> </thead> <tbody> <tr> <td>CFN</td> <td>Alamance</td> <td>Withdrawal</td> <td>Withdrawal</td> <td>Awaiting</td> <td>Awaiting</td> </tr> <tr> <td>Hearthstone</td> <td>Caswell</td> <td>Met Requirement</td> <td>Withdrawal</td> <td>N/A</td> <td>5–6 consumers</td> </tr> <tr> <td>Life Turn</td> <td>Rockingham</td> <td>Met Requirement</td> <td>Withdrawal</td> <td>N/A</td> <td>0</td> </tr> <tr> <td>Visions of Therapeutic Development</td> <td>Alamance</td> <td>Met Requirement</td> <td>Withdrawal</td> <td>N/A</td> <td>1</td> </tr> <tr> <td>Visions Adolescence</td> <td>Rockingham</td> <td>Withdrawal</td> <td>Withdrawal</td> <td>17</td> <td>N/A</td> </tr> <tr> <td>Central Care Division</td> <td>Rockingham</td> <td>Withdrawal</td> <td>Met Requirement</td> <td>32</td> <td>N/A</td> </tr> <tr> <td>Harvest House</td> <td>Alamance</td> <td>Withdrawal</td> <td>Withdrawal</td> <td>15</td> <td>19</td> </tr> <tr> <td>Central State</td> <td>Alamance</td> <td>Withdrawal</td> <td>Withdrawal</td> <td>N/A</td> <td>19</td> </tr> </tbody> </table> <p>All withdrawals will become effective October 1, 2008 if provider does not appeal. All appeals will go directly to Daniel Hahn, CEO for approval.</p>	Provider	Location	CS – Child	CS – Adult	# of Children Served	# of Adults Served	CFN	Alamance	Withdrawal	Withdrawal	Awaiting	Awaiting	Hearthstone	Caswell	Met Requirement	Withdrawal	N/A	5–6 consumers	Life Turn	Rockingham	Met Requirement	Withdrawal	N/A	0	Visions of Therapeutic Development	Alamance	Met Requirement	Withdrawal	N/A	1	Visions Adolescence	Rockingham	Withdrawal	Withdrawal	17	N/A	Central Care Division	Rockingham	Withdrawal	Met Requirement	32	N/A	Harvest House	Alamance	Withdrawal	Withdrawal	15	19	Central State	Alamance	Withdrawal	Withdrawal	N/A	19			
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	<p>Ms. Feroli clarified CFN withdrawal is only for Community Support, not psychiatry. There is a meeting scheduled with CFN to discuss the providers financial status.</p> <p><b><u>Question: What happens to consumers?</u></b>  <i>Answer: There is a 45 days window where consumers will be referred to a new provider - transition plans will be done.</i></p> <p>The LME has expressed concern to Division of MH regarding consumers that may fall through the cracks. There are concerns such as: Consumers have to wait 4 months for outpatient services. The LME is working on finding new outpatient providers.</p> <p><b><u>Question: Where does Mobile Crisis go in Rockingham County?</u></b>  <i>Answer: Psychotherapeutic Services is provider of Mobile Crisis services for Alamance/Caswell/Rockingham. Ms. Feroli explained the assessment process. There should be a 2 hour time frame for Mobile Crisis calls. If there are any complaints, please feel free to contact the LME &amp; make a formal complaint.</i></p> <p><b><u>Report to State CFAC</u></b> - Please see Annual Draft CFAC Report from John Owen. CFAC members read over draft and approved to be forwarded to the State CFAC.</p>			
<p><b>6.0 Public Comment</b></p>	<p>NAMI gave brief announcements/updates. They are as follows:</p> <ul style="list-style-type: none"> <li>➤ MH Awareness Week – Tuesday, October 7, 2008 NC Senator Fred Smith will speak at Macedonia Lutheran Church.</li> <li>➤ NAMI National – <a href="http://www.nami.org">www.nami.org</a> – make suggestions and forward comments to grade the State of NC.</li> <li>➤ Carousel Festival will begin September 20- September 21 – NAMI will have a booth.</li> </ul>			<p>Closed</p>

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	<ul style="list-style-type: none"> <li>➤ Debbie Dehoff – Executive Director of NAMI wrote a letter to Secretary Benton regarding the abuse at hospitals.</li> <li>➤ Dual Diagnosis Support Group is being held tonight in Greensboro at MH Association.</li> <li>➤ Sunny Side Up Group continues to meet on Tuesday at Drop In Center in Graham, NC.</li> <li>➤ Depression/Anxiety Group will meet at Scout Hut at Graham Presbyterian Church on (213-4589).</li> <li>➤ Family to Family new schedule is being formulated now – classes will begin the 1<sup>st</sup> of February.</li> <li>➤ Times News Reporter will write series of articles for Mental Illness – the reporter would like thoughts from actual consumers/family members. If you are interested in participating, contact the Times News (Brea Handraft).</li> <li>➤ NC NAMI Conference will be held October 30 – November 1<sup>st</sup>.</li> <li>➤ Ms. Mary Hawk &amp; Ms. Springer will be featured on WFMC in Yanceyville on Tuesday, September 2<sup>nd</sup>.</li> <li>➤ UNC Psychiatry will begin schizophrenia trials for different medications – if interested contact UNC Psychiatry.</li> </ul> <p>Ms. Larocco shared feedback from officer who attended the last CIT Training – he stated he received so much information/education out of the training. The community site visits were very beneficial.</p> <p>STAR Point (Day Program of Ralph Scott Life Services) will have a Yard Sale on September 12<sup>th</sup> &amp;</p>			

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	<p>September 13<sup>th</sup>. All donations are being accepted – for any questions – contact 227-1011.</p> <p>ARC is still trying to recruit an Part Time Executive Director. The ARC is not receiving a lot of funding from United Way. The group would like to stay active in schools to help with IEP’s. They will host a fundraiser in September (Wrestling Match) at Fairchild Community Center.</p> <p>REMMSCO – will host Fun Community Festival &amp; Fundraiser on Saturday, September 20<sup>th</sup> at 108 N. Main Street, Reidsville NC. Speakers: Harold Bass, Nelson Cole &amp; Sam Page. Contact Information: 342-9504.</p> <p>Ms. Kaighn reported update regarding Norman Melton. He is still at Moses Cone in CCU – he is able to move from bed to chair now. His mind is very sharp. The family still request no visitors. Website: <a href="http://www.caringbridge.com">www.caringbridge.com</a> – password: sausage and egg. The website is updated daily.</p>			
<p><b>7.0 Monthly Reports</b></p>	<p><b>LME</b> – See Updates.</p> <p><b>Area Board</b> – Meetings will now be held quarterly. The next meeting will be October 21, 2008.</p> <p><b>DHHS</b> – No report.</p> <p><b>State CFAC</b> – State CFAC minutes are included in packets.</p>			<p>Open</p>
<p><b>8.0 Read-A-Round</b></p>	<p><i>CFAC are encouraged to review the handouts available in Read-A-Round:</i></p>	<p>CFAC are to sign the Read-A-Round if you would like a</p>	<p>Carmen Morrow</p>	<p>Closed</p>

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	<ol style="list-style-type: none"> <li>1. NC Respite Care Coalition Conference</li> <li>2. Vocal Co-op Newsletter</li> <li>3. 2008 Summer Edition: First in Families of NC Newsletter</li> <li>4. State Plan Amendment: Title XIX Social Security Act</li> <li>5. Traumatic Brain Injury Education</li> </ol>	personal copy of the information.		
<b>9.0 Handouts</b>	<ol style="list-style-type: none"> <li>1. July 2008 SCFAC Minutes</li> <li>2. SCFAC Membership 2008-2009</li> <li>3. CB96: 2008 CFAC Training Report</li> <li>4. Traumatic Brain Injury Advisory Council Minutes</li> <li>5. Implementation Update #45: Various Updates</li> <li>6. Implementation Update #46: Legislative Changes to CS Services</li> <li>7. Implementation Update #47: Various Updates</li> <li>8. Draft CFAC Annual Report</li> <li>9. Notification of Branch Closure in Reidsville</li> <li>10. July Finance Report</li> </ol>			
<b>10.0 Adjournment</b>	Meeting adjourned. The next meeting will be held on <b>Tuesday, September 23, 2008 at 6:30pm.</b>	Agenda Items:	N/A	Closed

Respectfully Submitted By:

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Date -----

*Carmen Morrow, Recorder  
Helen Feroli, Community Affairs & Consumer Relations\*  
Staff To The Committee*

Approved By:

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*Ricky Graves, Chairman\*  
Consumer & Family Advisory Committee*

Date -----